

# TRIDAC Lunch Menu 2018

## Richland School District Two



# M

**Lunch:** Chicken Patty on a bun with lettuce and tomato **OR** Caesar Salad made with fresh romaine lettuce, parmesan cheese, and croutons, Tater Tots, Fresh Fruit, and Milk

# T

**Lunch:** Hot Turkey and Cheese Sandwich **OR** Grilled Cheese Sandwich, Chips, Celery Sticks, Diced Pears, and Milk

# W

**Lunch:** Spaghetti topped with ground beef, tomato sauce, and herbs **OR** Spaghetti topped with fresh marinara sauce and garnished with parmesan cheese, Broccoli w/Ranch Dressing, Fruit Cocktail, and Milk

# TH

**Lunch:** Hamburger on a bun with lettuce and tomato **OR** Caesar Salad made with fresh romaine lettuce, parmesan cheese, and croutons, Potato Wedges , Fresh Fruit, and Milk

# F

**Lunch:** Pepperoni pizza made with fresh dough, fresh mozzarella cheese and topped with pepperoni **OR** Cheese pizza made with fresh dough and fresh mozzarella cheese, Carrot Sticks, Fresh Fruit, and Milk

All Juice Served is 100% fruit juice. Milk is 1% White or Non-Fat Flavored.

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# TRIDAC 2018

## SNACK MENU



M

Cereal Bar(Assorted) and Fruit Juice

T

Animal Crackers and Fruit Juice

W

Cheez It and Fruit Juice

TH

Spicy Cheetos and Fruit Juice

F

Goldfish Pretzel and Fruit Juice

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